

Wulf, Julie

From: miclark@lwsd.org on behalf of Michael Clark <miclark@lwsd.org>
Sent: Friday, October 29, 2021 2:28 PM
To: Wulf, Julie
Subject: Rockwell Elementary News October 29, 2021



Rockwell Elementary News



Principal's Letter

October 29, 2021

A Day of Festive Fun! / Reminder about the Importance of Following the Directions of our Safety Patrol Team

Dear Rockwell Families,

Happy Friday from the ranch! It was a fun and festive day here at the Rock, complete with parties and creative costumes. A big thank you to all of our room parents who worked behind-the-scenes to support teachers and classrooms – we appreciate you, and the result will be memories our students will take with them well beyond their elementary years!

I'd also like to say a big thank you to Mrs. Willie in Third grade for her work putting together a video montage of our students and classes in lieu of a Halloween parade this year. Please keep an eye on next week's School Newsletter for a link to that video, and in the meantime, you'll find a few photographs from today in the "Snapshots of Rockwell Learning" section below.

Additionally, I'd like to share some reminders about our student Safety Patrol and ask for your help. Along with being an important component of keeping our students safe during arrival and dismissal, our student Safety Patrol is an important leadership experience for our fifth grade students (and Fourth graders later in the school year). Our Patrol students have received careful training and have strict guidance pertaining to when it is safe to allow students and families to cross. It has come to my attention that our students are being pressured to let groups cross from the front of the school to the pick-up area before it is the appropriate time. Additionally, there are some families who are using the ADA accessible ramp to cross to the parking lot instead of the main crosswalk – this is an area between the busses with very limited visibility. I'm asking that families use the main sidewalk to cross to the parking lot and wait until our students open the area. Also, I'd like to remind our families that we need to wait until the mailbox to let students into vehicles in the pick-up lane – boarding students earlier than that point slows down the pick-up line and is unsafe due to the numbers of cars entering and leaving the parking lot. I provided a reminder to all our students about these important points during morning announcements yesterday, and our teachers spoke with their classes as well. If you could also provide these reminders at home, it would be greatly appreciated. Thank you, and please [let me know](#) if you have any questions.

Take care, everyone, and enjoy the weekend! We look forward to seeing you again on Monday.



Michael Clark

Principal

Norman Rockwell Elementary....a Three-Time National PTA School of Excellence!!



FROM THE OFFICE:

We are in the rainy season in Washington. We are a school that goes out to recess, we are using our covered areas for lunch so please consider the following when sending your child to school.

1. Wear warm layers.
2. Consider waterproof shoes.
3. Wear waterproof jackets/coats.
4. Pack a set of dry clothes (include masks/socks). We don't have extra changes of clothes and will not be sending students to the health room to change.
5. An umbrella goes a long way to keep your child dry.

Some changes we are making to recess to keep students drier.

1. Banana tree, sand field and sand pit are closed for now.
2. Please stay off the grass (it is wet and muddy), use the paved paths instead.
3. Little Toy, Big Toy and blacktop will be open.
4. We will have some undercover activities during the last recess of the day.



November – Gratitude

Week 1 (Nov 5)

November Character Trait of the Month: Gratitude

Gratitude is defined as “choosing to notice and appreciate things in our life, things in others, and things in the world.” Gratitude is a choice we get to make over and over again. It is about choosing what we focus on, and it doesn’t always have to be something positive. We can even feel grateful for the challenges in our life!

There is plenty of research that shows a strong connection between Gratitude and reduced anxiety, increased happiness, and better relationships.

Week 2 (Nov 12)

November Character Trait of the Month: Gratitude

Start a conversation at home about what gratitude looks like and how it can be practiced at home and in the community.

- Talk about why you were grateful for the teachers and mentors in your life then ask your children why they are grateful for theirs. Have they had a favorite teacher? If so, who? What makes that teacher a favorite? If they haven’t had a favorite yet, find out what makes a great teacher in their eyes.
- Gratitude takes practice! What can we do as a family to work on expressing Gratitude more regularly to each other and those around us?

- Discuss why you are grateful for your child. Be specific: who are they? How do they make you feel? Ask them what they are grateful for about your family, your home, your neighborhood, etc..

Week 3 (Nov 19)

November Character Trait of the Month: Gratitude

Find a place in your home to display a glass jar. Cut up small slips of paper and place them next to the jar. Use the jar to collect special people, places, events, and memories that your family is thankful for. Find a time each week to add slips of Gratitude to the jar. Having a gloomy day or a challenging time as a family? Pull out the slips of Gratitude and read them aloud as a family as a reminder of all of your grateful moments.

Week 4 (Nov 24)

November Character Trait of the Month: Gratitude

Pick one of the books below to read out loud together as a family. What can we learn from this book? How does the story reflect the virtue of gratitude?

- **Those Shoes** by Maribeth Boelts
- **A Chair For My Mother** by Vera Williams
 - **The Thankful Book** by Todd Parr
 - **The Giving Tree** by Shel Silverstein
- **The Most Thankful Thing** by Lisa McCourt
- **Bear Says Thanks** by Karma Wilson

Grow Grateful by Sage Foster

Hello from the Rockwell Equity team!



LWSD Updates

Highly Capable Universal Screening Update for 1st Grade

In order to decrease the number of assessments students are given, LWSD first grade students in LWSD will be universally screened using FastBridge for reading and math. Students that meet the screening criteria (85th percentile NPR

in each area) will be invited to continue in the highly capable eligibility process. The CoGAT screener will not be administered during the 2021-22 school year.

Too Sick for School

One of the best ways to avoid community transmission of COVID-19, and other infectious illness, is to stay home when you are sick. Students and school employees who have symptoms of infectious illness, such as influenza (flu) or COVID-19 should stay home and seek medical evaluation, which may include testing for COVID-19 and other respiratory infections.

While the school will no longer require an attestation form at the start of each day, we ask families to please answer the following questions at home before deciding to send your child to school. If you answer "YES" to any of the following questions, keep your student home and contact your school.

1. Has your student been in close contact with anyone with confirmed COVID-19?
2. Does anyone in your household have COVID-19 like symptoms and/or is anyone in your household being tested for COVID-19?
3. Has your student or anyone in your household had a positive COVID-19 test for active virus in the past 10 days?
4. Within the past 14 days, has a public health or medical professional told your student to self-monitor, self-isolate or self-quarantine because of concerns about COVID-19?

For more information, please visit our "Too Sick for School Webpage": [Too Sick for School - Lake Washington School District \(lwsd.org\)](https://lwsd.org/too-sick-for-school)

Several benefits come with filling out a School Meal Application; not just meals

Even though meals are free this year, we strongly encourage all parents/guardians who might be eligible for benefits to submit an application. Completing an application takes less than 10 minutes, and parents only need to complete one application per family.

Filling out the School Meal Application may help provide:

- Healthy & Nutritious Meals
- Fee Waivers for ASB Cards
- Fee Waivers for Athletic Participation & Extracurricular Activities
- Health and Wellness Services
- Fee Waivers for College Applications & Admissions tests
- College Scholarships

School Counselors can help connect you with benefits that you may be eligible for if you qualify for free and reduced meals.

Applications may be completed online at www.myschoolapps.com/or downloaded from our website ([English](#) | [Español](#)).

For more information, please visit our website: www.lwsd.org/pathway-forward/grab-go-student-meals.

NTAMFyer

SUBSTITUTES NEEDED: WORK IN YOUR OWN COMMUNITY!

We have immediate openings for all substitute teachers and classified substitute positions in LWSD!

Apply at [LWSD Frontline Teacher Substitutes](#) to become a Substitute Classroom Teacher.

Apply at [LWSD Frontline Classified Substitutes](#) to become a Substitute Instructional Assistant, Paraeducator, or Office Professional.

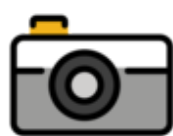
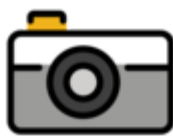
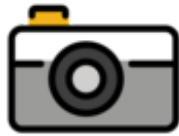
Hourly rates:

- Substitute Teacher: Starting at \$27.28/hour
- Substitute Paraeducator: \$19.51/hour
- Substitute Instructional Assistant: \$16.86 per hour
- Substitute Office Professional: \$22.44/hour

Any questions? Contact us at:

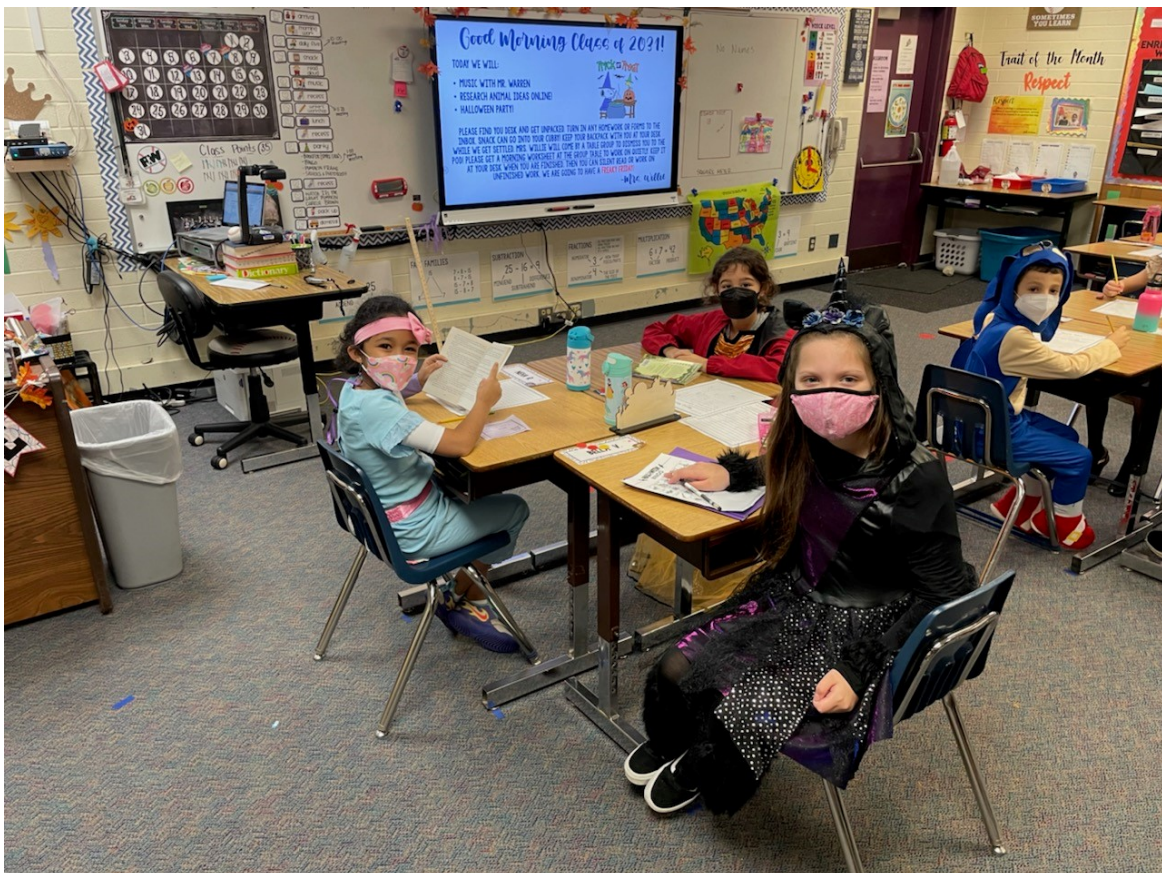
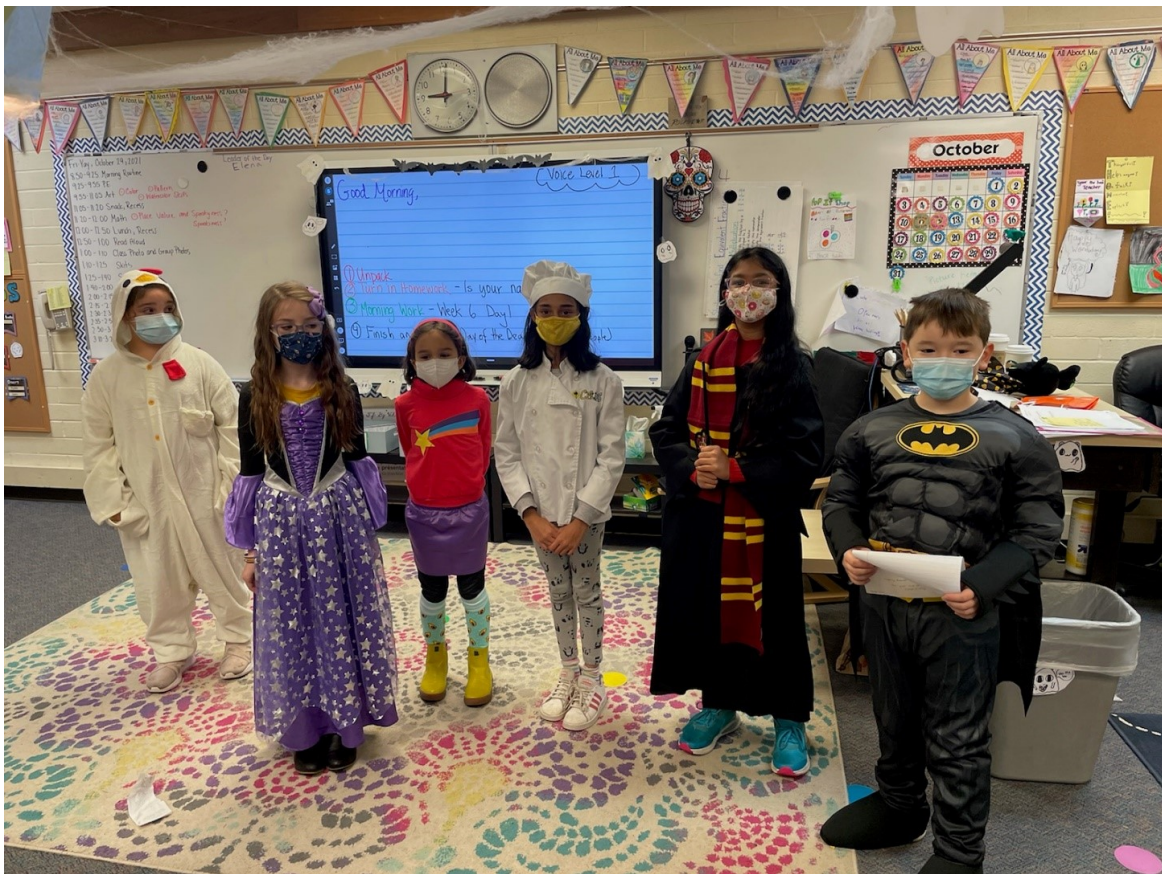
Substitute Coordinator tayer@lwsd.org

Director of HR, Data and Operations syuhan@lwsd.org



Snapshots of Rockwell Learning

It Was a Fun Day Here at the Rock, Filled with Parties and Festive Costumes! Here are some snapshots from the day.





PTSA Updates

Highlights from your Norman Rockwell PTA:

It's not too late to donate to the ABC (Annual Beagle Contribution) fund. We are still several thousands of dollars short of our initial fundraising goal. **Please donate today** to help ensure that we can run all of our academic programs and

events, and so that we can support all the academic grants that are requested this year. [Click here](#) to **donate now** (it's step #3 in the on-line welcome packet, after you join the PTA). As you'll see in the "Big Give" letter that went home in every student's first day packets, your PTA relies on ABC contributions to run our academic enrichment programs and to give grants to our teachers that supplement **every** student's learning opportunities.

Make sure you're keeping track of your PTA's news! To sign up for our weekly newsletter, the Beagle Bugle, [Click here](#). Please also "like" our Facebook page so you can see updates there (look for "Norman Rockwell Elementary PTA").

Please consider volunteering your time to support our teachers and staff. Email volunteering@normanrockwellpta.org to find out more about our open committee chair positions, and the various ways to get involved.

Rockwell



Updates

Virtual Coffee with the Principal

You are cordially invited to our second virtual "Coffee with Mr. Clark" on Friday, November 12, at 9:00 AM via Teams. All families are welcome, and the topics for our coffee will include an overview of our safety work related to Covid19, as well as general school safety. To join the meeting, please click on the link below at 9:00 AM on the 14th:

[Link to Coffee with Mr. Clark at 9:00 AM on November 12](#)

Take care, and I look forward to seeing you for remote pastries and good conversation on the 14th!

-Mr. Clark



Picture re-take day is rescheduled for November 17th.

Students should receive their picture packets the week of November 8th.

If your student needs a retake, please send their photo packet to school with them on the 17th.

Equity Update – Stereotype Threat

Hello from the Rockwell Equity team!

Today we will talk about stereotype threat – what is it and what impact does it have?

Stereotype threat, what is it?

- Stereotype threat refers to the risk of confirming negative stereotypes about an individual's racial, ethnic, gender, or cultural group

What impact does this have?

- People may experience stereotype threat many times a day because we have multiple identities – stereotypes stemming from race, age, gender etc.
- Stereotype threat can affect an individual's life, ambitions performance or confidence in their own abilities

What is an example of this?

- The **model minority** myth is a practical example of this. This is commonly a stereotype of an ethnic, racial, or religious minority group that is assumed to have achieved a high level of educational, economical, and professional success. One common reference to this is with Asian Americans and having a high aptitude in math or other academics.
- You might ask – **what is wrong with this?** This myth ignores the diversity amongst individuals and various Asian cultures as well as the history behind where this started and how it was used to highlight the value of assimilation.
- Consider how this myth might impact the way a child might be held to a higher standard in a classroom or alternately not receive extra help if they are struggling. How might this impact a child's perception of self-worth?

Adam Ruins Everything – How America Created the “Model Minority” Myth (~5 min) – This clip explores this particular stereotype further and is worth a listen!

<https://youtu.be/Pg1X1KkVxN4>

Want to learn more about this topic? Take a listen to:

How Stereotypes Affect Us and What We Can Do – Claude Steele (~8 min)

<https://youtu.be/KvLj3OIQHUE>

- Some reflection questions to consider (or discuss with a friend!):
 - Are there stereotypes that have impacted you from society?
 - What impact have they had on you as an individual?
 - How might we address these proactively with our children?

An Update for 3rd – 5th Grade Families: Fall Panorama



Survey

Dear Families,

As you may already be aware, growing our students' social-emotional ("SEL") skills is an important goal for our school. As part of these activities, we survey students (grades 3-12) and ask them to reflect on their own mindsets and approaches to learning. The data we get back helps us continue to identify opportunities for growth and development with our students.

We partner with a leader in the SEL space, Panorama Education. Panorama develops tools to empower schools and districts to learn about students' self-perceptions, better understand student experiences in their learning environment, and identify opportunities to enhance support of teachers and counselors as they implement SEL programs.

Panorama's SEL survey is grouped into three categories:

- Student competencies
- Student supports and environment
- Teacher skills and perspectives

These surveys will help shape the districts' approach to supporting teachers' work in service of the whole student.

The survey will take place between November 1st - 15th. If you have any questions about the survey administration, please don't hesitate to contact us.

We appreciate your partnership!

Thank you,
Michael Clark



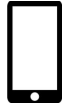
Upcoming events

Calendar

- October 29 – Halloween Events – Students Can Wear (School Appropriate) Costumes for Full Day
- November 11 – Veteran's Day – No School
- November 12 – [November Coffee with the Principal](#) (Teams): 9:00 AM

Student's Rights and Responsibilities

Families: here is a link to our district Student Rights and Responsibilities page: <https://www.lwsd.org/programs-and-services/student-services/student-rights-and-responsibilities>. Please let Mr. Clark know if you have any questions. Thank you!



Quick Links

For information on Free Wi-Fi for families, follow this link:

[LWSD Free Internet webpage](#)

Resources for LWSD Families & Staff During School Closure

- [Free Meals for Students](#)
- [Technology Support for Students & Families](#)
Email for Students: ftaccess@lwsd.org or
Email Address for Parents: parentquestions@lwsd.org
- [Educational Resources](#)
- [Child Care Resources](#)



Contact Info

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<https://rockwell.lwsd.org/>

<https://normanrockwellpta.org/home>



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